

Name: \_\_\_\_\_ Body Temperature: \_\_\_\_\_ °C

**\* Please inform receptionist if you are having high fever or suspected any infectious disease \***

**Please answer the questions below**

- 1 What kind of treatment do you wish today?  
 TCM treatment for the existing symptom. ( Symptom: \_\_\_\_\_ )  
 To add TCM treatment in addition to the western treatment  
 Second option for the current TCM treatment
- 2 Are you currently under any medications?  No  Yes Medications ( \_\_\_\_\_ )
- 3 Are you allergic to any foods or medications?  Yes  No  
 Foods / medications ( \_\_\_\_\_ )
- 4 Do you drink alcohol?  No  I quited \_\_\_\_\_ years ago  Yes ( \_\_\_\_\_ ML / time, \_\_\_\_\_ times / week )
- 5 Do you smoke?  No  I quited \_\_\_\_\_ years ago  Yes ( \_\_\_\_\_ cigarettes / day, since \_\_\_\_\_ years ago )
- 6 Please tick if you have had any of the symptoms below within 3 months. Please ⊙ to those which are serious.

|                       |                              |                              |                            |
|-----------------------|------------------------------|------------------------------|----------------------------|
| Easily fatigued       | Sticky mouth                 | Constipation                 | Forgetfulness, memory loss |
| Laziness              | Sneeze                       | Diarrhea                     | Armpits pain               |
| Catch a cold easily   | Runny nose, nasal congestion | Dark color with urine        | Abdominal distention       |
| Laziness to talk      | Breathe with difficulty      | Frequent urination at night  | Headache                   |
| Limb cold             | Short breathe                | Residual urine               | Feel heavy-headed          |
| Limb burning          | Wheeze                       | Urination pain, bloody urine | Dizziness                  |
| Dry skin / lip        | Palpitation                  | Depression / anxiety         | Lightheadness              |
| Sweat easily          | Chest pain                   | Fall asleep with difficulty  | Tinnitus                   |
| Pimples               | Stuck feeling on chest       | Wake often at night          | Numbness in limbs          |
| Fatty oil on forehead | Poor appetite                | Get angry easily             | Stiffness on hands         |
| Get thirsty easily    | Heavy stomach feeling        | Feel irritable               | Joint pain                 |
| Under-eye dark circle | Nausea / vomit               | Panic                        | Sole pain                  |
| Sore throat           | Heartburn                    | Flighty, alarmable           | Neck-shoulder region pain  |
| Cough                 | Belyache                     | Eyestrain                    | Backache                   |
| Sputum                | Hiccup                       | Have low energy              | Leg swelling               |
| Other symptoms: _____ |                              |                              |                            |

- 7 Do you require special consideration in regards of your religion / cultural background?  
 No  Yes ( \_\_\_\_\_ )

**For ladies only**

- 8 Are you pregnant / possibly pregnant?  Yes  No
- 9 Are you breastfeeding?  Yes  No
- 10 Please tick if you have any of the symptoms below.  
 Irregular menses  High menstrual flow  Low menstrual flow  Menstrual cramp  
 Premenstrual headache  Anomalous vaginal fluor  Mammary lump  
 Mammary pain  Nipple secretion
- 11 Please inform us below.  
 First menstruation ( \_\_\_\_\_ yo ) Last menstruation period ( \_\_\_\_\_ ~ \_\_\_\_\_ )  
 Delivery ( \_\_\_\_\_ times ) Natural abortion ( \_\_\_\_\_ times ) Artificial abortion ( \_\_\_\_\_ times )